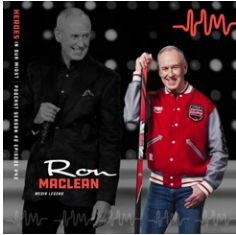


EPISODE #43

RON MACLEAN



“If I could fix one other thing it is the notion that you are what you are perceived to be. That is the greatest set of shackles of all. To suddenly present a masked version of yourself, to say what you know is agreeable. You may as well be alone. You are not what you are perceived to be. You are you.”

- Ron MacLean, Media Legend

Ron Maclean is one of the most well-known sport reporters in our country and when you listen to him speak, you truly feel like he is just one of us. Ron is warm, kind and real. And most importantly he is himself. Ron reminds us that greatness comes when we are our true selves. He helps us understand the magic comes from being willing to be wrong, apologizing when we are, and comparing ourselves to our own selves; and no one else. After listening to this interview, I think that each of us will be a little more comfortable in our own skin.

What would it mean to be your true self?

- | Consider the different roles you have in your life. What perceptions do you think others have of you in those roles?
- | Do those perceptions fit with who you are and who you want to be? Why or why not?
- | Think of a recent time when you were wrong or you made a mistake. Were you able to apologize or make amends?
- | How would you do things differently if you were placed in a similar situation?

References

- | [Glennon Doyle speaks with Adam Grant](#) and reminds us that who we are is more than what we call ourselves.
- | [Michael Bungay Stanier](#) provides us with advice on how to create an authentic connection with others.